

The law gives all involuntary patients these rights

- To be given a written **statement** and spoken **explanation** of your rights
- To be informed of your **diagnosis, treatment** and treatment **risks**
- To have a **second opinion** on your diagnosis and treatment from a new psychiatrist
- To have a **Treatment Plan** which considers **your wishes** and any **significant side effects** and **alternative** treatments
- To have your Treatment Plan **regularly reviewed** by your mental health service and to **ask for changes** to the plan, and get it reviewed by the Mental Health Review Board
- To **request a different** psychiatrist, nurse or case manager
- To **refuse** electroconvulsive therapy, unless you are **unable** to give **informed consent** plus other requirements are met, or unless it is **urgently needed**
- To have your **religious, cultural, age-related, gender-related, language** and other special needs **respected**
- To seek **legal advice** and **representation**
- To **request leave** from hospital if you are an inpatient
- To have **interference with your rights** to freedom, dignity, privacy and self-respect kept to a **minimum**
- To ask questions and **receive answers** in a way you **understand**
- To **see the contents** of your own **file/s**, except where information is lawfully exempt
- To have your personal information kept **confidential**, except under some lawful exceptions, or if you agree to share it with certain people
- To **not** take **experimental** drugs unless you give informed consent
- To make a **complaint** to the Chief Psychiatrist or the Health Services Commissioner
- To have your involuntary treatment and/or detention **automatically reviewed** by the **Mental Health Review Board** (MHRB) within 8 weeks of an Involuntary Treatment Order (ITO) being made or a Community Treatment Order (CTO) being made or extended, and then every 12 months
- To **appeal** against your detention, CTO or ITO **any time** to the MHRB
- To be **free** from unlawful **discrimination** and **cruel, inhuman & degrading treatment**
- To **challenge orders** appointing an Administrator and/or Guardian
- To receive the **best possible** mental health services in the **least restrictive** way.